



# **FIT &** **FABULOUS**

**THURSDAYS AT 9:30-10:30AM**  
**September - June**

**Firm, define, and strengthen your body with conditioning exercises. This class is designed for the more mature.**

**Drop-ins are welcome. Or purchase a series of classes. September - May**

**For further information on dates of series, contact the BCC**

**(705) 657-8833**

**or by email at**

**[generalmgr@buckhorncommunitycentre.com](mailto:generalmgr@buckhorncommunitycentre.com)**

**(There is a minimum number of students required)**

